

---

**Glasgow Girls FC**

2A Hallhill Road

Glasgow

G32 0LL

admin@glasgowgirlsfc.com

www.glasgowgirlsfc.com



# Glasgow Girls FC – Coaching Pathway

This pathway outlines the expectations, progression routes and development structure for all coaches at **Glasgow Girls FC**.

---

## 1. Pre-Coaching Requirements (Mandatory for ALL Coaches)

Before undertaking any coaching activity at Glasgow Girls FC, all coaches must:

- Complete:
  - Child & Wellbeing in Scottish Football e-Learning
  - Mental Health in Scottish Football e-Learning
  - First Aid Training
  - Self-Declaration Form
- Be PVG compliant (where applicable).
- Be registered in line with Scottish Football Association regulations.

No coach may begin coaching until these requirements are fully completed and verified by the club.

---

## 2. Stage 1 – Introduction to Coaching (Entry Level)

### Who This Applies To:

- Coaches under 21 years of age
- Coaches with less than 2 years' experience
- Parent helpers transitioning into coaching

### Required Qualifications:

- Booked onto or working towards:
  - Introduction to Coaching
  - SFA Level 1.1

### Club Expectations:

- Assigned a mentor within the club
- Coach alongside an experienced coach
- Follow an agreed Individual Development Plan (IDP)

 Coaches at this stage cannot be appointed as Head Coach.

Head Coach eligibility must be approved by:

- Club Secretary
  - Coach Education Lead
  - Child Wellbeing & Protection Officer (CWPO)
- 

## 3. Stage 2 – Foundation Coach

Upon completion of SFA Level 1.1 and gaining experience:

### Coaches may:

- Lead sessions under guidance
- Begin managing small units within sessions
- Progress into a chosen pathway

## **Available Pathways at Glasgow Girls FC:**

- Children's Football (Early Years & 5–12s)
- Youth Football (13–18s)
- Goalkeeping
- Futsal
- Specialist Roles (Performance Analysis, Player Development, etc.)

Coaches should work toward relevant SFA Level 1.2 or pathway-specific awards.

---

## **4. Stage 3 – Team Coach**

### **Requirements:**

- Minimum SFA Level 1.2 (or working towards)
- Demonstrated session planning and delivery competence
- Positive performance review

### **Role:**

- Lead coach for a team (subject to approval)
- Responsible for:
  - Season planning
  - Player development plans
  - Matchday management
  - Parent communication
  - Alignment with club philosophy

Head Coach appointments are subject to committee approval following development review.

---

## **5. Stage 4 – Performance & Specialist Coach**

Applies to coaches operating within:

- Youth Performance League teams
- Advanced development squads

- Specialist development programmes

### **Minimum Expectations:**

- Higher-level SFA qualifications (as required)
- Proven coaching competence
- Strong understanding of player development models
- Commitment to ongoing CPD

Specialist areas may include:

- Early Years Lead
- Goalkeeping Lead
- Performance Analysis
- Coach Mentor
- Player Development Lead

Minimum entry criteria will apply depending on role.

---

## **6. Mentoring Programme (Glasgow Girls FC Model)**

All new coaches will:

- Be paired with an experienced mentor
- Have structured observation and feedback sessions
- Receive at least two formal support reviews in their first season

Mentoring focuses on:

- Session design
  - Communication skills
  - Safeguarding standards
  - Matchday behaviour
  - Club culture alignment
- 

## **7. Coach Development Framework**

## **Annual Performance Review**

Conducted by:

- Club Secretary
- Coach Education Lead

Minimum: Once per calendar year

Reviews will evaluate:

- Coaching quality
  - Player development progress
  - Behaviour & professionalism
  - CPD completion
  - Future qualification needs
- 

## **8. Mandatory CPD at Glasgow Girls FC**

All coaches must attend:

- Pre-Season Development Session
- Mid-Season Development Session
- End-of-Season Review & CPD Session

(Minimum 3 sessions per calendar year)

Failure to meet CPD expectations may impact coaching status.

---

## **9. Ongoing Qualification Expectations**

Coaches may be required to complete:

- Further SFA qualifications
- First Aid training Refresher
- Child Wellbeing refresher training
- Mental Health CPD
- Specialist pathway awards

The club is committed to supporting coaches through a clear and structured development journey.

The timeline from applying to be a coach - Successful PVG - mandatory courses completed - signing CW&P Policy - Commencing work - can take 4-6 weeks depending on how long the PVG takes to complete. The timeline is approx.

---

# Glasgow Girls FC Coaching Progression Overview

**Stage 1** – Introduction Coach (Mentored)



**Stage 2** – Foundation Coach (Assistant / Unit Lead)



**Stage 3** – Team Coach (Head Coach Eligible)



**Stage 4** – Performance / Specialist Coach