
Glasgow Girls & Women FC

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Glasgow Girls FC

Health & Safety Policy

(In line with Scottish Women's Football requirements)

1. Policy Statement

Glasgow Girls FC is fully committed to ensuring, so far as is reasonably practicable, the health, safety and welfare of all players, coaches, volunteers, match officials, spectators and visitors involved in club activities.

The Club recognises its duty of care and will operate in accordance with the policies and guidelines set by Scottish Women's Football (SWF), including safeguarding, wellbeing and risk management standards.

Health and safety is the responsibility of everyone within the Club.

2. Policy Objectives

Glasgow Girls FC aims to:

- Provide a safe environment for all training sessions, matches and club events
 - Prevent accidents and minimise risk of injury
 - Promote a culture of safety, wellbeing and safeguarding
 - Ensure compliance with SWF policies and relevant legislation
 - Ensure appropriate supervision of all players, particularly children and young people
 - Maintain clear procedures for dealing with incidents and emergencies
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3. Responsibilities

3.1 Club Committee

The Club Committee will:

- Ensure compliance with SWF policies and procedures
 - Ensure appropriate insurance cover is in place
 - Appoint a Welfare Officer in line with SWF requirements
 - Ensure risk assessments are completed and reviewed
 - Provide appropriate first aid provision at training and matches
 - Ensure all coaches hold appropriate qualifications and PVG membership
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3.2 Coaches & Team Officials

Coaches and team officials must:

- Hold appropriate qualifications recognised by SWF
 - Follow SWF safeguarding and wellbeing policies
 - Conduct dynamic risk assessments before each session
 - Inspect pitches, equipment and facilities before use
 - Ensure players use appropriate clothing and protective equipment
 - Record and report all accidents and incidents
 - Never leave players unsupervised
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3.3 Players

Players are expected to:

- Follow instructions from coaches and officials
 - Wear appropriate kit and shin guards
 - Report injuries immediately
 - Respect facilities and equipment
 - Behave in a safe and responsible manner
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3.4 Parents / Guardians

Parents and guardians must:

- Provide accurate medical and emergency contact information
- Inform coaches of any relevant medical conditions
- Ensure players arrive and are collected safely
- Support the Club's health, safety and safeguarding policies

4. Risk Assessments

- Risk assessments will be completed for training venues, match venues and events.
- Hazards will be identified and control measures implemented.
- Risk assessments will be reviewed annually or when circumstances change.

Dynamic (on-the-day) risk assessments must be carried out before every session.

5. First Aid & Medical

- A qualified first aider will be present at all training sessions and matches where possible.
 - A fully stocked first aid kit will be available at all activities.
 - Emergency contact details will be accessible at all sessions.
 - Accident/incident forms will be completed and retained securely.
 - Serious incidents will be reported in line with SWF procedures.
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6. Facilities & Equipment

The Club will:

- Ensure goals are properly secured at all times
- Regularly check equipment for defects
- Remove unsafe equipment immediately
- Ensure facilities used meet appropriate safety standards

Portable goals will never be used unless correctly anchored.

7. Safeguarding & Wellbeing

Glasgow Girls FC adopts and follows the safeguarding and wellbeing policies of Scottish Women's Football.

The Club Welfare Officer will:

- Act as the first point of contact for safeguarding concerns
- Ensure concerns are reported in line with SWF procedures
- Promote a safe and inclusive environment

All concerns regarding child protection must be reported immediately.

8. Emergency Procedures

In the event of an emergency:

1. Stop the activity immediately
2. Assess the situation
3. Administer first aid if appropriate
4. Call emergency services (999) if required
5. Inform parents/guardians
6. Complete an incident report form

For serious incidents, the Club will notify SWF in line with reporting procedures.

9. Adverse Weather

Training or matches will be postponed if conditions present a risk to safety, including:

- Lightning
- High winds
- Frozen or waterlogged surfaces
- Extreme heat or cold

The decision of the coach or match official is final.

10. Review of Policy

This policy will be reviewed annually or sooner if required by:

- Changes in legislation
 - Updates from Scottish Women's Football
 - Following a serious incident
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Policy Adopted On: 20/01/2025

Review Date: 20/01/2027

Paul Davies (Trustee) - David McDermott (Chairperson)

